

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

1292 24 oz. Whole Grain Bread

Nutrition Facts	
Serving Size 1 Slice (28g)	
Servings Per Container 24	
Amount Per Serving	
Calories 70	Calories from Fat 5
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 90mg	4%
Total Carbohydrate 13g	4%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 3g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 4%
Vitamin D 0%	• Thiamin 4%
Riboflavin 2%	• Niacin 4%
Folate 0%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



The Long Company Sample #113756

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

#1292 24 oz. Whole Grain Bread 24 slice

INGREDIENTS: Water, Whole Wheat Flour, Wheat Flour, Corn Syrup, Wheat Gluten, Polydextrose, Contains 2% or less of the following: Soybean Oil, Yeast, Dough Conditioners (Monoglycerides, Ethoxylated Mono- and Diglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Salt, Malted Barley Flour, Yeast Nutrients (Calcium Sulfate, Ammonium Sulfate), Citric Acid, Caramel Color, Calcium Propionate (Preservative).

Contains: Wheat

The Long Company Sample #113756

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.



7/12/2012

By AL Bachman

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

Item # 1005 White Sandwich Bread Texas Toast 19sl 24oz Klosterman Baking Company

Nutrition Facts	
Serving Size 1 Slice (36g)	
Servings Per Container 19	
Amount Per Serving	
Calories 90	Calories from Fat 10
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	8%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 3g	
Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 6%
Thiamin 15%	• Riboflavin 8%
Niacin 8%	• Folate 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



The Long Company Sample #106371

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

Item # 1005 White Sandwich Bread Texas Toast 19sl 24oz Klosterman Baking Company

INGREDIENTS: Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Corn Syrup, Yeast, Contains 2% or less of the following: Soybean Oil, Salt, Wheat Gluten, Soy Lecithin, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Corn Starch, Calcium Propionate (Preservative), Dough Conditioners (Monoglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide).

Contains: Wheat, Soy

The Long Company Sample #106371

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

T H E L O N G C O M P A N Y



7/12/2012

By _____

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

24 oz. White Sandwich Bread #1005, 1015, 1020

INGREDIENTS: Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Contains 2% or less of the following: Soybean Oil, Salt, Dough Conditioners (Monoglycerides, Calcium Peroxide), Wheat Gluten, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Corn Starch, Calcium Propionate (Preservative).

Contains: Wheat, Soy

The Long Company Sample #104154

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

T H E L O N G C O M P A N Y



The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

#1020 24oz White Sandwich Bread 31sl

Nutrition Facts	
Serving Size 2 Slices (44g)	
Servings Per Container 15 1/2	
Amount Per Serving	
Calories 110	Calories from Fat 10
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 250mg	10%
Total Carbohydrate 21g	7%
Dietary Fiber 1g	4%
Sugars 2g	
Protein 3g	
Vitamin A 0%	• Vitamin C 0%
Calcium 6%	• Iron 6%
Thiamin 15%	• Riboflavin 8%
Niacin 10%	• Folate 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300 mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



The Long Company Sample #104154-1

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

Item # 1290 White Whole Grain Bread 22sl 20oz Klosterman Baking Company

Nutrition Facts	
Serving Size 1 Slice (27g)	
Servings Per Container 21	
Amount Per Serving	
Calories 60	Calories from Fat 5
<hr/>	
	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 125mg	5%
Total Carbohydrate 13g	4%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 2g	
<hr/>	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 4%
Thiamin 8%	• Riboflavin 4%
Niacin 6%	• Folate 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



The Long Company Sample #106615

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

Item # 1290 White Whole Grain Bread 22sl 20oz Klosterman Baking Company

INGREDIENTS: Whole Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Contains 2% or less of the following: Wheat Gluten, Salt, Soybean Oil, Soy Lecithin, Dough Conditioners (Ethoxylated Mono & Diglycerides, Mono & Diglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Corn Starch, Calcium Propionate (Preservative).

Contains: Wheat, Soy

Serving Size 27g, 8g Whole Grain, 7g Enriched Wheat Flour

The Long Company Sample #106615

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

T H E L O N G C O M P A N Y



The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

1294 Whole Grain Texas Toast 20sl 24oz Klosterman Springfield

Nutrition Facts	
Serving Size 1 Slice (34g)	
Servings Per Container 20	
Amount Per Serving	
Calories 80	Calories from Fat 10
<hr/>	
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 110mg	5%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	8%
Sugars 1g	
Protein 3g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 4%
Vitamin D 0%	• Thiamin 4%
Riboflavin 2%	• Niacin 4%
Folate 2%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



The Long Company Sample #114024

This product contains 9g Whole Grain per serving.

This product contains 8g Enriched Wheat Flour per serving.

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

1294 Whole Grain Texas Toast 20sl 24oz Klosterman Springfield

INGREDIENTS: Water, Whole Wheat Flour, Wheat Flour, Corn Syrup, Wheat Gluten, Polydextrose, Contains 2% or less of the following: Soybean Oil, Yeast, Dough Conditioners (Monoglycerides, Ethoxylated Mono- and Diglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Salt, Malted Barley Flour, Yeast Nutrients (Calcium Sulfate, Ammonium Sulfate), Citric Acid, Caramel Color.

Contains: Wheat

The Long Company Sample #114024

This product contains 9g Whole Grain per serving.

This product contains 8g Enriched Wheat Flour per serving.

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.



The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

24 oz. Wheat Bread Sandwich
#1310

Nutrition Facts	
Serving Size 2 Slices (44g)	
Servings Per Container 15 1/2	
Amount Per Serving	
Calories 100	Calories from Fat 10
<hr/>	
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	8%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	8%
Sugars 1g	
Protein 4g	
<hr/>	
Vitamin A 0%	• Vitamin C 0%
Calcium 6%	• Iron 6%
Thiamin 15%	• Riboflavin 8%
Niacin 10%	• Folate 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300 mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



The Long Company Sample #104155-1

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

1397 Old Fashion Wheat Bread 22sl 20oz Klosterman Springfield

Nutrition Facts	
Serving Size 1 Slice (26g)	
Servings Per Container 22	
Amount Per Serving	
Calories 60	Calories from Fat 5
% Daily Value*	
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 125mg	5%
Total Carbohydrate 12g	4%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 2g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 2%
Vitamin D 2%	• Thiamin 4%
Riboflavin 2%	• Niacin 4%
Folate 0%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



The Long Company Sample #110014

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

1397 Old Fashion Wheat Bread 22sl 20oz Klosterman Springfield

INGREDIENTS: Wheat Flour, Water, Whole Wheat Flour, Honey, Corn Syrup, Wheat Bran, Yeast, Contains 2% or less of the following: Wheat Gluten, Soybean Oil, Salt, Invert Sugar, Wheat Starch, Dough Conditioners (Ethoxylated Mono & Diglycerides, Mono & Diglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Corn Starch, Calcium Propionate (Preservative).

Contains: Wheat

The Long Company Sample #110014

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.



The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

100% Wheat Bread w Litesse 11 slice 12oz. & 22 slice 24 oz. Klosterman Cincinnati

INGREDIENTS: Whole Wheat Flour, Water, Wheat Gluten, Sugar, Yeast, Polydextrose, Contains 2% or less of the following: Soybean Oil, Salt, Honey, Molasses, Vinegar, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Invert Sugar, Corn Syrup, Wheat Starch, Soy Lecithin, Corn Starch, Calcium Propionate (Preservative), Dough Conditioners (Ethoxylated Mono & Diglycerides, Mono & Diglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide).

Contains: Wheat, Soy

The Long Company Sample #107066

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

T H E L O N G C O M P A N Y



The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

100% Whole Wheat Bread 22sl 24oz Klosterman Cincinnati

Nutrition Facts	
Serving Size 1 Slice (31g)	
Servings Per Container 22	
Amount Per Serving	
Calories 70	Calories from Fat 5
% Daily Value*	
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 140mg	6%
Total Carbohydrate 14g	5%
Dietary Fiber 3g	12%
Sugars 2g	
Protein 3g	
Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 4%
Vitamin D 2%	• Thiamin 6%
Riboflavin 2%	• Niacin 6%
Folate 2%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

The Long Company Sample #107066-2

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3007 3.25in Whole Grain Bun 12ct 40g Klosterman Springfield

Nutrition Facts	
Serving Size 1 Bun (40g)	
Servings Per Container 12	
Amount Per Serving	
Calories 100	Calories from Fat 10
<hr/>	
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 19g	6%
Dietary Fiber 2g	8%
Sugars 3g	
Protein 4g	
<hr/>	
Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 6%
Vitamin D 2%	• Thiamin 10%
Riboflavin 4%	• Niacin 6%
Folate 6%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



The Long Company Sample #113871

This product contains 12g Whole Grain per serving.

This product contains 9g Enriched Wheat Flour per serving.

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

7/12/2012

By AL Bachman

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3007 3.25in Whole Grain Bun 12ct 40g Klosterman Springfield

INGREDIENTS: Whole Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Wheat Gluten, Soybean Oil, Contains 2% or less of the following: Salt, Honey, Invert Sugar, Dough Conditioners (Monoglycerides, Sodium Stearoyl Lactylate, Ethoxylated Mono- and Diglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Molasses, Wheat Starch, Soy Lecithin, Calcium Propionate (Preservative), Yeast Nutrients (Calcium Sulfate, Ammonium Sulfate), Citric Acid.

Contains: Wheat, Soy

The Long Company Sample #113871

This product contains 12g Whole Grain per serving.

This product contains 9g Enriched Wheat Flour per serving.

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.


PREMIER CONSULTANTS TO THE BAKING INDUSTRY SINCE 1900

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3212 Whole Grain Footlong Bun F#66 79g Klosterman Cincinnati

Nutrition Facts	
Serving Size (79g)	
Servings Per Container	
Amount Per Serving	
Calories 200	Calories from Fat 20
% Daily Value*	
Total Fat 2.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 330mg	14%
Total Carbohydrate 37g	12%
Dietary Fiber 3g	12%
Sugars 5g	
Protein 7g	
Vitamin A 0%	• Vitamin C 0%
Calcium 8%	• Iron 10%
Thiamin 20%	• Riboflavin 10%
Niacin 15%	• Folate 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



The Long Company Sample #113956

This product contains 22g Whole Grain per serving.

This product contains 17g Enriched Wheat Flour per serving.

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3212 Whole Grain Footlong Bun F#66 79g Klosterman Cincinnati

INGREDIENTS: Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Contains 2% or less of the following: Salt, Honey, Invert Sugar, Molasses, Wheat Starch, Soy Lecithin, Calcium Propionate (Preservative), Yeast Nutrients (Calcium Sulfate, Ammonium Sulfate), Dough Conditioners (Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Citric Acid.

Contains: Wheat, Soy

The Long Company Sample #113956

This product contains 22g Whole Grain per serving.

This product contains 17g Enriched Wheat Flour per serving.

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.



The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3221 White Whole Grain Lg Breadstick 1.5oz Klosterman Cincinnati

Nutrition Facts	
Serving Size 1 Breadstick (43g)	
Servings Per Container	
Amount Per Serving	
Calories 110	Calories from Fat 10
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	8%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	8%
Sugars 3g	
Protein 4g	
Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 6%
Vitamin D 2%	• Thiamin 10%
Riboflavin 4%	• Niacin 8%
Folate 6%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



The Long Company Sample #110920

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3221 White Whole Grain Large Breadstick 1.5oz Klosterman Cincinnati

INGREDIENTS: Water, White Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Contains 2% or less of the following: Salt, Honey, Molasses, Invert Sugar, Wheat Starch, Soy Lecithin, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Corn Starch, Dough Conditioners (Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Calcium Propionate (Preservative).

Contains: Wheat, Soy

The Long Company Sample #110920

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.



The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3228 Whole Grain Bun 45g Klosterman Cincinnati

Nutrition Facts	
Serving Size 1 Bun (45g)	
Servings Per Container	
Amount Per Serving	
Calories 110	Calories from Fat 15
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	8%
Sugars 3g	
Protein 4g	
Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 6%
Thiamin 10%	• Riboflavin 6%
Niacin 8%	• Folate 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



The Long Company Sample #114074

This product contains 12g Whole Grain per serving.

This product contains 10g Enriched Wheat Flour per serving.

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3228 Whole Grain Bun 45g Klosterman Cincinnati

INGREDIENTS: Water, White Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Wheat Gluten, Soybean Oil, Contains 2% or less of the following: Salt, Honey, Molasses, Invert Sugar, Wheat Starch, Soy Lecithin, Calcium Propionate (Preservative), Dough Conditioners (Sodium Stearoyl Lactylate, DATEM, Azodicarbonamide, Ascorbic Acid, Calcium Peroxide), Yeast Nutrients (Calcium Sulfate, Ammonium Sulfate), Citric Acid.

Contains: Wheat, Soy

The Long Company Sample #114074

This product contains 12g Whole Grain per serving.

This product contains 10g Enriched Wheat Flour per serving.

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.



The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

Item # 3295 4" Hamburger Bun 56g 12 Count Klosterman Baking Company

Nutrition Facts	
Serving Size 1 Bun (56g)	
Servings Per Container	
Amount Per Serving	
Calories 140	Calories from Fat 15
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 270mg	11%
Total Carbohydrate 28g	9%
Dietary Fiber 0g	0%
Sugars 4g	
Protein 4g	
Vitamin A 0%	• Vitamin C 0%
Calcium 8%	• Iron 4%
Thiamin 10%	• Riboflavin 2%
Niacin 6%	• Folate 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



The Long Company Sample #106034

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

Item # 3295 4" Hamburger Bun 56g 12 Count Klosterman Baking Company

INGREDIENTS: Enriched Wheat Flour, Water, Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of the following: Salt, Dough Conditioners (Monoglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Corn Starch, Wheat Gluten, Calcium Propionate (Preservative).

Contains: Wheat

The Long Company Sample #106034

T H E L O N G C O M P A N Y



The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3470 Whole Wheat Hamburger Buns 2.1oz Klosterman Cincinnati

Nutrition Facts	
Serving Size 1 Bun (60g)	
Servings Per Container	
Amount Per Serving	
Calories 140	Calories from Fat 20
% Daily Value*	
Total Fat 2.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 260mg	11%
Total Carbohydrate 27g	9%
Dietary Fiber 4g	16%
Sugars 3g	
Protein 6g	
Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 8%
Vitamin D 4%	• Thiamin 10%
Riboflavin 4%	• Niacin 8%
Folate 4%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



The Long Company Sample #110378-1

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

Whole Wheat Hamburger Buns 2.1oz Klosterman Cincinnati

INGREDIENTS: Whole Wheat Flour, Water, Corn Syrup, Wheat Gluten, Soybean Oil, Contains 2% or less of the following: Yeast, Salt, Dough Conditioners (Monoglycerides, Sodium Stearoyl Lactylate, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Yeast Nutrients (Calcium Sulfate, Ammonium Sulfate), Citric Acid, Calcium Propionate (Preservative).

Contains: Wheat

The Long Company Sample #110378-1

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.



The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3473 Whole Grain Bun 12ct 24oz Klosterman Springfield

Nutrition Facts	
Serving Size 1 Bun (57g)	
Servings Per Container 12	
Amount Per Serving	
Calories 140	Calories from Fat 15
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Total Carbohydrate 27g	9%
Dietary Fiber 2g	8%
Sugars 3g	
Protein 5g	
Vitamin A 0%	• Vitamin C 0%
Calcium 8%	• Iron 6%
Vitamin D 2%	• Thiamin 10%
Riboflavin 2%	• Niacin 8%
Folate 2%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



The Long Company Sample #110019

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3473 Whole Grain Bun 12ct 24oz Klosterman Springfield

INGREDIENTS: Wheat Flour, Water, Whole Wheat Flour, Corn Syrup, Wheat Bran, Wheat Gluten, Yeast, Contains 2% or less of the following: Soybean Oil, Salt, Dough Conditioners (Monoglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Yeast Nutrients (Calcium Sulfate, Ammonium Chloride, Azodicarbonamide), Corn Starch, Calcium Propionate (Preservative), Caramel Color.

Contains: Wheat

The Long Company Sample #110019

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.



The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3474 4in Whole Grain Bun 55g Klosterman Springfield

Nutrition Facts	
Serving Size 1 Bun (55g)	
Servings Per Container	
Amount Per Serving	
Calories 140	Calories from Fat 15
<hr/>	
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 26g	9%
Dietary Fiber 2g	8%
Sugars 4g	
Protein 5g	
<hr/>	
Vitamin A 0%	• Vitamin C 0%
Calcium 6%	• Iron 8%
Vitamin D 4%	• Thiamin 15%
Riboflavin 6%	• Niacin 10%
Folate 8%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



The Long Company Sample #113872

This product contains 16g Whole Grain per serving.

This product contains 12g Enriched Wheat Flour per serving.

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3474 4in Whole Grain Bun 55g Klosterman Springfield

INGREDIENTS: Whole Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Wheat Gluten, Soybean Oil, Contains 2% or less of the following: Salt, Honey, Invert Sugar, Dough Conditioners (Monoglycerides, Sodium Stearoyl Lactylate, Ethoxylated Mono- and Diglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Molasses, Wheat Starch, Soy Lecithin, Calcium Propionate (Preservative), Yeast Nutrients (Calcium Sulfate, Ammonium Sulfate), Citric Acid.

Contains: Wheat, Soy

The Long Company Sample #113872

This product contains 16g Whole Grain per serving.

This product contains 12g Enriched Wheat Flour per serving.

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.


PREMIER CONSULTANTS TO THE BAKING INDUSTRY SINCE 1900

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3516 Cut-top Cornmeal Kaiser Bun 63g Klosterman Cincinnati

Nutrition Facts	
Serving Size 1 Bun (63g)	
Servings Per Container	
Amount Per Serving	
Calories 170	Calories from Fat 30
% Daily Value*	
Total Fat 3g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 290mg	12%
Total Carbohydrate 32g	11%
Dietary Fiber 0g	0%
Sugars 5g	
Protein 5g	
Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 4%
Thiamin 10%	• Riboflavin 2%
Niacin 8%	• Folate 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



The Long Company Sample #109717

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3516 Cut-top Cornmeal Kaiser Bun 63g Klosterman Cincinnati

INGREDIENTS: Wheat Flour, Water, Corn Syrup, Soybean Oil, Yeast, Contains 2% or less of the following: Wheat Gluten, Salt, Degermed Yellow Corn Meal, Malt, Dough Conditioners (Monoglycerides, Sodium Stearoyl Lactylate, Azodicarbonamide), Artificial Flavor, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Calcium Propionate (Preservative).

Contains: Wheat

The Long Company Sample #109717

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.



The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3698 Whole Grain Coney Bun 37g Klosterman Cincinnati

Nutrition Facts	
Serving Size 1 Bun (38g)	
Servings Per Container	
Amount Per Serving	
Calories 100	Calories from Fat 10
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	8%
Sugars 2g	
Protein 3g	
Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 6%
Thiamin 10%	• Riboflavin 4%
Niacin 6%	• Folate 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



The Long Company Sample #114073

This product contains 10g Whole Grain per serving.

This product contains 8g Enriched Wheat Flour per serving.

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3698 Whole Grain Coney Bun 37g Klosterman Cincinnati

INGREDIENTS: Water, White Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Wheat Gluten, Soybean Oil, Contains 2% or less of the following: Salt, Honey, Molasses, Invert Sugar, Wheat Starch, Soy Lecithin, Calcium Propionate (Preservative), Dough Conditioners (Sodium Stearoyl Lactylate, DATEM, Azodicarbonamide, Ascorbic Acid, Calcium Peroxide), Yeast Nutrients (Calcium Sulfate, Ammonium Sulfate), Citric Acid.

Contains: Wheat, Soy

The Long Company Sample #114073

This product contains 10g Whole Grain per serving.

This product contains 8g Enriched Wheat Flour per serving.

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.



The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3699 White Wheat Sm Breadstick 1.2oz Klosterman Cincinnati

INGREDIENTS: Water, White Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Contains 2% or less of the following: Salt, Honey, Molasses, Invert Sugar, Wheat Starch, Soy Lecithin, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Corn Starch, Dough Conditioners (Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Calcium Propionate (Preservative).

Contains: Wheat, Soy

The Long Company Sample #110920-1

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.



The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3699 White Wheat Sm Breadstick 1.2oz Klosterman Cincinnati

Nutrition Facts	
Serving Size 1 Breadstick (34g)	
Servings Per Container	
Amount Per Serving	
Calories 90	Calories from Fat 10
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 16g	5%
Dietary Fiber 1g	4%
Sugars 2g	
Protein 3g	
Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 4%
Vitamin D 2%	• Thiamin 8%
Riboflavin 4%	• Niacin 6%
Folate 4%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



The Long Company Sample #110920-1

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

Bread Stix #116 3708 16ct 34g Klosterman Cinnati

Nutrition Facts	
Serving Size 1 Stix (34g)	
Servings Per Container 16	
Amount Per Serving	
Calories 80	Calories from Fat 5
<hr/>	
% Daily Value*	
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 16g	5%
Dietary Fiber 0g	0%
Sugars 1g	
Protein 2g	
<hr/>	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 2%
Vitamin D 0%	• Thiamin 4%
Riboflavin 0%	• Niacin 4%
<hr/>	
Folate 0%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
<hr/>	
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



The Long Company Sample #101122-1

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

Bread Stix #116 3708 16ct 34g Klosterman Cincinnati

INGREDIENTS: Enriched Wheat Flour, Water, Contains 2% or less of the following: Corn Syrup, Salt, Yeast, Soybean Oil, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Corn Starch, Dough Conditioners (Potassium Bromate, Azodicarbonamide), Calcium Propionate (Preservative).

Contains: Wheat

The Long Company Sample #101122-1

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.



The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3709 Whole Grain Hot Dog Bun F#66 45g Klosterman Cincinnati

Nutrition Facts	
Serving Size (45g)	
Servings Per Container	
Amount Per Serving	
Calories 110	Calories from Fat 10
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 21g	7%
Dietary Fiber 2g	8%
Sugars 3g	
Protein 4g	
Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 6%
Thiamin 10%	• Riboflavin 6%
Niacin 8%	• Folate 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



The Long Company Sample #113957

This product contains 13g Whole Grain per serving.

This product contains 10g Enriched Wheat Flour per serving.

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3709 Whole Grain Hot Dog Bun F#66 45g Klosterman Cincinnati

INGREDIENTS: Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Contains 2% or less of the following: Salt, Honey, Invert Sugar, Molasses, Wheat Starch, Soy Lecithin, Calcium Propionate (Preservative), Yeast Nutrients (Calcium Sulfate, Ammonium Sulfate), Dough Conditioners (Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Citric Acid.

Contains: Wheat, Soy

The Long Company Sample #113957

This product contains 13g Whole Grain per serving.

This product contains 10g Enriched Wheat Flour per serving.

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.



The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

Whole Wheat Hot Dog Buns 1.42oz Klosterman Cincinnati

Nutrition Facts	
Serving Size 1 Bun (40g)	
Servings Per Container	
Amount Per Serving	
Calories 100	Calories from Fat 15
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars 2g	
Protein 4g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 4%
Vitamin D 2%	• Thiamin 8%
Riboflavin 2%	• Niacin 6%
Folate 2%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



The Long Company Sample #110378

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

Whole Wheat Hot Dog Buns 1.42oz Klosterman Cincinnati

INGREDIENTS: Whole Wheat Flour, Water, Corn Syrup, Wheat Gluten, Soybean Oil, Contains 2% or less of the following: Yeast, Salt, Dough Conditioners (Monoglycerides, Sodium Stearoyl Lactylate, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Yeast Nutrients (Calcium Sulfate, Ammonium Sulfate), Citric Acid, Calcium Propionate (Preservative).

Contains: Wheat

The Long Company Sample #110378

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.



The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3737 5in Hoagie 55g Klosterman Springfield

Nutrition Facts	
Serving Size 1 Bun (55g)	
Servings Per Container	
Amount Per Serving	
Calories 140	Calories from Fat 15
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 25g	8%
Dietary Fiber 2g	8%
Sugars 3g	
Protein 5g	
Vitamin A 0%	• Vitamin C 0%
Calcium 6%	• Iron 8%
Vitamin D 4%	• Thiamin 10%
Riboflavin 4%	• Niacin 8%
Folate 8%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



The Long Company Sample #113873

This product contains 15g Whole Grain per serving.

This product contains 12g Enriched Wheat Flour per serving.

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3737 5in Hoagie 55g Klosterman Springfield

INGREDIENTS: Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Wheat Gluten, Soybean Oil, Contains 2% or less of the following: Salt, Honey, Invert Sugar, Molasses, Calcium Propionate (Preservative), Dough Conditioners (Sodium Stearoyl Lactylate, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Yeast Nutrient (Calcium Sulfate), Wheat Starch, Soy Lecithin.

Contains: Wheat, Soy

The Long Company Sample #113873

This product contains 15g Whole Grain per serving.

This product contains 12g Enriched Wheat Flour per serving.

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.



The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3744 6" Whole Grain Hoagie 71 grams Klosterman Cincinnati

INGREDIENTS: Water, White Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Contains 2% or less of the following: Salt, Honey, Molasses, Invert Sugar, Wheat Starch, Soy Lecithin, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Corn Starch, Dough Conditioners (Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Calcium Propionate (Preservative).

Contains: Wheat, Soy

The serving size is 71g. The Whole Grains per serving is 20g. The Enriched Wheat Flour is 16g.

The Long Company Sample #110920-2

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.



The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3744 6" Whole Grain Hoagie 8ct 71 grams Klosterman Cincinnati

Nutrition Facts	
Serving Size 1 Roll (71g)	
Servings Per Container 8	
Amount Per Serving	
Calories 180	Calories from Fat 20
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 320mg	13%
Total Carbohydrate 33g	11%
Dietary Fiber 3g	12%
Sugars 5g	
Protein 6g	
Vitamin A 0%	• Vitamin C 0%
Calcium 6%	• Iron 10%
Vitamin D 4%	• Thiamin 15%
Riboflavin 8%	• Niacin 10%
Folate 10%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



The Long Company Sample #110920-5

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

Whole Wheat Hoagie Roll 2.5oz Klosterman Cincinnati

Nutrition Facts	
Serving Size 1 Roll (71g)	
Servings Per Container	
Amount Per Serving	
Calories 170	Calories from Fat 25
% Daily Value*	
Total Fat 2.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 310mg	13%
Total Carbohydrate 32g	11%
Dietary Fiber 4g	16%
Sugars 4g	
Protein 7g	
Vitamin A 0%	• Vitamin C 0%
Calcium 6%	• Iron 8%
Vitamin D 4%	• Thiamin 15%
Riboflavin 4%	• Niacin 10%
Folate 4%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



The Long Company Sample #110378-2

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

Whole Wheat Hoagie Roll 2.5oz Klosterman Cincinnati

INGREDIENTS: Whole Wheat Flour, Water, Corn Syrup, Wheat Gluten, Soybean Oil, Contains 2% or less of the following: Yeast, Salt, Dough Conditioners (Monoglycerides, Sodium Stearoyl Lactylate, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Yeast Nutrients (Calcium Sulfate, Ammonium Sulfate), Citric Acid, Calcium Propionate (Preservative).

Contains: Wheat

The Long Company Sample #110378-2

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.



The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3805 6" French Roll Hoagie 24 Count Klosterman Baking Company

INGREDIENTS: Enriched Wheat Flour, Water, Corn Syrup, Soybean Oil, Yeast, Contains 2% or less of the following: Salt, Sugar, Acetic Acid, Lactic Acid, Malted Barley Flour, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Corn Starch, Dough Conditioners (Azodicarbonamide, Potassium Bromate), Calcium Propionate (Preservative).

Contains: Wheat

The Long Company Sample #105523

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

T H E L O N G C O M P A N Y



The Long Company Technical Services

20 North Clark Street Suite 650

Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3805 6" French Roll Hoagie Klosterman Baking Company

Nutrition Facts	
Serving Size 1 Roll (76g)	
Servings Per Container	
Amount Per Serving	
Calories 190	Calories from Fat 20
% Daily Value*	
Total Fat 2.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 420mg	18%
Total Carbohydrate 36g	12%
Dietary Fiber 0g	0%
Sugars 3g	
Protein 5g	
Vitamin A 0%	• Vitamin C 0%
Calcium 6%	• Iron 6%
Thiamin 15%	• Riboflavin 4%
Niacin 8%	• Folate 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

The Long Company Sample #105523

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.



The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3920 Whole Grain Pan Dinner Roll 1.25oz Klosterman Cincinnati

INGREDIENTS: Water, White Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Contains 2% or less of the following: Salt, Honey, Molasses, Invert Sugar, Wheat Starch, Soy Lecithin, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Corn Starch, Dough Conditioners (Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Calcium Propionate (Preservative).

Contains: Wheat, Soy

Serving Size 35g, 10g Whole Grain, 8g Enriched Wheat Flour

The Long Company Sample #110920-3

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.



The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3920 Whole Grain Pan Dinner Roll 1.25oz Klosterman Cincinnati

Nutrition Facts	
Serving Size 1 Roll (35g)	
Servings Per Container	
Amount Per Serving	
Calories 90	Calories from Fat 10
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	8%
Sugars 2g	
Protein 3g	
Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 6%
Vitamin D 2%	• Thiamin 8%
Riboflavin 4%	• Niacin 6%
Folate 4%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



The Long Company Sample #110920-3

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3939 White Whole Wheat Slammer Bun 1.25oz Klosterman Cincinnati

Nutrition Facts	
Serving Size 1 Bun (35g)	
Servings Per Container	
Amount Per Serving	
Calories 90	Calories from Fat 10
<hr/>	
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	8%
Sugars 2g	
Protein 3g	
<hr/>	
Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 6%
Vitamin D 2%	• Thiamin 8%
Riboflavin 4%	• Niacin 6%
Folate 4%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



The Long Company Sample #110920-4

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3939 White Wheat Slammer Bun 1.25oz Klosterman Cincinnati

INGREDIENTS: Water, White Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Contains 2% or less of the following: Salt, Honey, Molasses, Invert Sugar, Wheat Starch, Soy Lecithin, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Corn Starch, Dough Conditioners (Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Calcium Propionate (Preservative).

Contains: Wheat, Soy

The Long Company Sample #110920-4

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.



The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3939 Whole Grain Slammer #7 34g Klosterman Springfield

Nutrition Facts	
Serving Size 1 Bun (34g)	
Servings Per Container	
Amount Per Serving	
Calories 90	Calories from Fat 10
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 140mg	6%
Total Carbohydrate 16g	5%
Dietary Fiber 1g	4%
Sugars 2g	
Protein 3g	
Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 6%
Vitamin D 2%	• Thiamin 8%
Riboflavin 4%	• Niacin 6%
Folate 4%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



The Long Company Sample #113870

This product contains 10g Whole Grain per serving.

This product contains 8g Enriched Wheat Flour per serving.

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

7/12/2012

By AL Bachman

The Long Company Technical Services

20 North Clark Street Suite 650 Chicago, IL 60602

312.726.4606 FAX 312.726.4625

3939 Whole Grain Slammer #7 34g Klosterman Springfield

INGREDIENTS: Whole Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Wheat Gluten, Soybean Oil, Contains 2% or less of the following: Salt, Honey, Invert Sugar, Dough Conditioners (Monoglycerides, Sodium Stearoyl Lactylate, Ethoxylated Mono- and Diglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Molasses, Wheat Starch, Soy Lecithin, Calcium Propionate (Preservative), Yeast Nutrients (Calcium Sulfate, Ammonium Sulfate), Citric Acid.

Contains: Wheat, Soy

The Long Company Sample #113870

This product contains 10g Whole Grain per serving.

This product contains 8g Enriched Wheat Flour per serving.

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.


PREMIER CONSULTANTS TO THE BAKING INDUSTRY SINCE 1900



KLOSTERMAN				Serving Size (g)	Whole Grains Per Serving	Enriched Grain per Serving	School Serving Equivalent*	Kosher / Pareve	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Protein (g)	Calcium	Thiamin (%DV)	Niacin (%DV)	Iron (%DV)	Riboflavin (%DV)	Folic Acid (%DV)	Sugar (g)
Item #	UOM	Servings	Description																				
BREADS																							
1290	Loaf	20	20oz. Whole Grain Bread	27.0	8.0	7.0	1	Y	60	5	0.5	0	125	13.0	1.0	2.0	2.0%	8.0%	6.0%	4.0%	4.0%	4.0%	1.0
1292	Loaf	22	24 oz. Whole Grain Sandwich Bread	28.0	7.0	7.0	1	Y	70	5	0.5	0	90	13.0	1.0	3.0	2.0%	4.0%	4.0%	4.0%	2.0%	0.0%	1.0
1294	Loaf	20	24 oz. Whole Grain Texas Toast	34.0	9.0	8.0	1.25	Y	80	10	1.0	0	110	16.0	2.0	3.0	2.0%	4.0%	4.0%	4.0%	2.0%	2.0%	1.0
1448	Loaf	20	24oz. 100% Whole Wheat Bread	31.0	14.0	N/A	1	Y	70	5	0.5	0	140	14.0	3.0	3.0	4.0%	6.0%	6.0%	4.0%	2.0%	2.0%	2.0
BUNS																							
3007	Pkg	12	3.25" Whole Grain Bun	40.0	12.0	9.0	1.5	Y	100	10	1.5	0	170	19.0	2.0	4.0	4.0%	10.0%	6.0%	6.0%	4.0%	6.0%	3.0
3212	Pkg	6	Whole Grain Footlong Bun	79.0	22.0	17.0	2.75	Y	200	20	2.5	0	330	37.0	3.0	7.0	8.0%	20.0%	15.0%	10.0%	10.0%	10.0%	5.0
3228	Pkg	60	3.5" Whole Grain Hamburger Bun	45.0	12.0	10.0	1.5	Y	110	15	1.5	0	190	20.0	2.0	4.0	4.0%	10.0%	8.0%	6.0%	6.0%	6.0%	3.0
3470	Pkg	12	4" 100% Whole Wheat Hamburger Bun	58.0	30.0	N/A	2	Y	140	20	2.5	0	260	27.0	4.0	6.0	4.0%	10.0%	8.0%	8.0%	4.0%	4.0%	3.0
3474	Pkg	12	4" Whole Grain Hamburger Bun	55.0	16.0	12.0	2.00	Y	140	15	2.5	0	230	26.0	2.0	5.0	6.0%	15.0%	10.0%	8.0%	6.0%	8.0%	4.0
3475	Pkg	60	4" Whole Grain Hamburger Bun	55.0	16.0	12.0	2.00	Y	140	15	2.5	0	230	26.0	2.0	5.0	6.0%	15.0%	10.0%	8.0%	6.0%	8.0%	4.0
3709	Pkg	12	6" Whole Grain Hot Dog Bun	45.0	13.0	10.0	1.50	Y	110	10	1.5	0	190	21.0	2.0	4.0	4.0%	10.0%	8.0%	6.0%	6.0%	6.0%	4.0
3727	Pkg	12	6" 100% Whole Wheat Hot Dog Bun	40.0	21.0	N/A	1.50	Y	100	15	1.5	0	170	18.0	2.0	4.0	2.0%	8.0%	6.0%	4.0%	2.0%	2.0%	2.0
3698	Pkg	18	Whole Grain Coney Bun	38.0	10.0	8.0	1.25	Y	100	10	1.5	0	160	17.0	2.0	3.0	4.0%	10.0%	6.0%	6.0%	4.0%	6.0%	2.0
7511	Pkg	8	100% Whole Wheat Sandwich Slim	43.0	10.0	N/A	1.50	N	90	10	1.0	0	160	19.0	5.0	4.0	4.0%	8.0%	6.0%	6.0%	2.0%	2.0%	2.0
HOAGIES																							
3744	Pkg	8	6" Whole Grain Hoagie Bun	71.0			2.50	Y	180	20	2.5	0	320	33.0	3.0	6.0	6.0%	15.0%	10.0%	10.0%	8.0%	10.0%	5.0
3737	Pkg	8	5" Whole Grain Hoagie Bun	55.0	15.0	12.0	2.00	Y	140	15	2.0	0	230	25.0	2.0	5.0	6.0%	10.0%	8.0%	8.0%	4.0%	8.0%	3.0
3746	Pkg	8	6" 100% Whole Wheat Hoagie Bun	71.0	36.0	N/A	2.50	Y	170	25	2.5	0	310	32.0	4.0	7.0	6.0%	15.0%	10.0%	8.0%	4.0%	4.0%	4.0
ROLLS																							
3221	Pkg	16	Whole Grain Large Breadstick	43.0	14.0	10.0	1.50	Y	110	10	1.5	0	200	20.0	2.0	4.0	4.0%	10.0%	8.0%	6.0%	4.0%	6.0%	3.0
3920	Pkg	24	Whole Grain Clustered Pan Rolls	35.0	10.0	8.0	1.25	Y	90	10	1.0	0	160	16.0	2.0	3.0	4.0%	8.0%	6.0%	6.0%	4.0%	4.0%	2.0
3939	Pkg	24	Whole Grain Slammer Sliced	34.0	10.0	8.0	1.25	Y	90	10	1.0	0	140	16.0	1.0	3.0	4.0%	8.0%	6.0%	6.0%	4.0%	4.0%	2.0
3699	Pkg	16	Whole Grain Small Breadstick	34.0	10.0	8.0	1.25	y	90	10	1.0	0	160	16.0	1.0	3.0	4.0%	8.0%	6.0%	4.0%	4.0%	4.0%	2.0
9528	Pkg	12	Whole Grain English Muffins	57.0	26.0	8.0	2.00	y	100	5	0.5	0	170	18.0	2.0	5.0	4.0%			6.0%			1.0
9537	Pkg	6	100 % Whole Wheat Pita Bread	57.0		N/A	2.00	N	100	0	0.0	0	170	20.0	5.0	6.0	10.0%	30.0%	18.0%	10.0%	16.0%	25.0%	1.0