1292 24 oz. Whole Grain Bread

Amount Per Ser	ving		
Calories 70	Calories fro	om Fat 5	
	% D	aily Value*	
Total Fat 1g		2%	
Saturated	Fat 0g	0%	
Trans Fat	0g		
Cholesterol	0mg	0%	
Sodium 90m	ng	4%	
Total Carbo	hydrate 13g	4%	
Dietary Fil	per 1g	4%	
Sugars 1g	v		
Protein 3g			
Vitamin A 0%	6 • Vitamin (C 0%	
Calcium 2%	 Iron 4% 		
Vitamin D 0%	6 • Thiamin	4%	
Riboflavin 2%	 Niacin 4^o 	%	SULTANTS TO THE
Folate 0%			
	alues are based on a 2, alues may be higher or ur calorie needs: Calories: 2,000		
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydra Dietary Fiber	Less than 300mg Less than 2,400mg	80g 25g 300mg 2,400mg 375g	

The Long Company Sample #113756

By	AL Bachman

#1292 24 oz. Whole Grain Bread 24 slice

INGREDIENTS: Water, Whole Wheat Flour, Wheat Flour, Corn Syrup, Wheat Gluten, Polydextrose, Contains 2% or less of the following: Soybean Oil, Yeast, Dough Conditioners (Monoglycerides, Ethoxylated Mono- and Diglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Salt, Malted Barley Flour, Yeast Nutrients (Calcium Sulfate, Ammonium Sulfate), Citric Acid, Caramel Color, Calcium Propionate (Preservative).

Contains: Wheat

The Long Company Sample #113756



Item # 1005 White Sandwich Bread Texas Toast 19sl 24oz Klosterman Baking Company

Amount Per Serving		
Calories 90 Calories	from Fat 10	
Total Fat 1g	% Daily Value* 2 %	
Saturated Fat 0g	<u> </u>	
Trans Fat 0g	078	
Cholesterol 0mg	0%	
Sodium 200mg	8%	
Total Carbohydrate 17g	6%	
Dietary Fiber 1g	4%	
Sugars 1g		
Protein 3g		
Vitamin A 0% • Vitar	min C 0%	
Calcium 4% • Iron		
	oflavin 8%	
Niacin 8% • Fola		
Percent Daily Values are based of diet. Your daily values may be high depending on your calorie needs: Calories: 2.00	n a 2,000 calorie her or lower	
Total Fat Less than 65g Saturated Fat Less than 20g Cholesterol Less than 300	80g 25g mg 300mg 00mg 2,400mg g 375g	

The Long Company Sample #106371

Item # 1005 White Sandwich Bread Texas Toast 19sl 24oz Klosterman Baking Company

INGREDIENTS: Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Corn Syrup, Yeast, Contains 2% or less of the following: Soybean Oil, Salt, Wheat Gluten, Soy Lecithin, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Corn Starch, Calcium Propionate (Preservative), Dough Conditioners (Monoglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide).

Contains: Wheat, Soy

The Long Company Sample #106371



24 oz. White Sandwich Bread #1005, 1015, 1020

INGREDIENTS: Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Contains 2% or less of the following: Soybean Oil, Salt, Dough Conditioners (Monoglycerides, Calcium Peroxide), Wheat Gluten, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Corn Starch, Calcium Propionate (Preservative).

Contains: Wheat, Soy

The Long Company Sample #104154



#1020 24oz White Sandwich Bread 31sl

Amount Per Serving				
Calories 110 C	alories from Fat 10			
	% Daily Value*			
Total Fat 1g	2%			
Saturated Fat 0g	0%			
Trans Fat 0g				
Cholesterol 0mg	0%			
Sodium 250mg	10%			
Total Carbohydrat	e 21g 7%			
Dietary Fiber 1g	4%			
Sugars 2g				
Protein 3g				
Vitamin A 0% •	Vitamin C 0%			
Calcium 6% •	Iron 6%			
Thiamin 15% •	Riboflavin 8%	NG		
Niacin 10% •	Folate 10%			
*Percent Daily Values are diet. Your daily values ma depending on your calorie Calories	y be higher or lower needs:			
Total Fat Less tha Saturated Fat Less tha Cholesterol Less tha Sodium Less tha Total Carbohydrate Dietary Fiber Calories per gram:	ın 20g 25g ın 300mg 300 mg			

The Long Company Sample #104154-1

Item # 1290 White Whole Grain Bread 22sl 20oz Klosterman Baking Company

Nutritic Serving Size 1 SI Servings Per Cor	
Amount Per Serving	
Calories 60	Calories from Fat
	% Daily Value
Total Fat 0.5g	
Saturated Fat ()q 0 %
Trans Fat 0g	5
Cholesterol 0mg	09
Sodium 125mg	5%
Total Carbohydr	
Dietary Fiber 1	
Sugars 1g	9 7/
Protein 2g	
Protein 29	
Vitamin A 0%	 Vitamin C 0%
Calcium 2%	 Iron 4%
Thiamin 8%	Riboflavin 4%
Niacin 6%	Folate 4%
*Percent Daily Values a diet. Your daily values a depending on your calc Calor Total Fat Less Saturated Fat Less Cholesterol Less Sodium Less Total Carbohydrate Dietary Fiber Calories per gram:	rie needs: ies: 2,000 2,500 than 65g 80g than 20g 25g than 300mg 300mg

The Long Company Sample #106615

Item # 1290 White Whole Grain Bread 22sl 20oz Klosterman Baking Company

INGREDIENTS: Whole Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Contains 2% or less of the following: Wheat Gluten, Salt, Soybean Oil, Soy Lecithin, Dough Conditioners (Ethoxylated Mono & Diglycerides, Mono & Diglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Corn Starch, Calcium Propionate (Preservative).

Contains: Wheat, Soy

Serving Size 27g, 8g Whole Grain, 7g Enriched Wheat Flour

The Long Company Sample #106615

1294 Whole Grain Texas Toast 20sl 24oz Klosterman Springfield

Amount Per Serving	
Calories 80 Calories fro	om Fat 10
%	Daily Value*
Total Fat 1g	2 %
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 110mg	5%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	8%
Sugars 1g	
Protein 3g	
Vitamin A 0% • Vitamin	
Calcium 2% • Iron 4%	
Vitamin D 0% • Thiamir	า 4%
Riboflavin 2% • Niacin 4	4%
Folate 2%	
*Percent Daily Values are based on a 2 diet. Your daily values may be higher o	
depending on your calorie needs: Calories: 2,000	2,500
Total Fat Less than 65g Saturated Fat Less than 20g	80g 25g

The Long Company Sample #114024

This product contains9g Whole Grain per serving.8g Enriched Wheat Flour per serving.

By	AL Bachman
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1294 Whole Grain Texas Toast 20sl 24oz Klosterman Springfield

INGREDIENTS: Water, Whole Wheat Flour, Wheat Flour, Corn Syrup, Wheat Gluten, Polydextrose, Contains 2% or less of the following: Soybean Oil, Yeast, Dough Conditioners (Monoglycerides, Ethoxylated Mono- and Diglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Salt, Malted Barley Flour, Yeast Nutrients (Calcium Sulfate, Ammonium Sulfate), Citric Acid, Caramel Color.

Contains: Wheat

The Long Company Sample #114024

This product contains9g Whole Grain per serving.8g Enriched Wheat Flour per serving.



24 oz. Wheat Bread Sandwich #1310

Nutrition Facts	
Serving Size 2 Slices (44g) Servings Per Container 15 1/2	
Amount Per Serving	-
Calories 100 Calories from Fat 10	
% Daily Value*	-
Total Fat 1g 2%	
Saturated Fat 0g 0%	
Trans Fat 0g	
Cholesterol 0mg 0%	-)
Sodium 200mg 8%	
Total Carbohydrate 20g 7%	
Dietary Fiber 2g 8%	-
Sugars 1g	
Protein 4g	
Vitamin A 0% • Vitamin C 0%	
Calcium 6% • Iron 6%	
Thiamin 15% • Riboflavin 8%	NG/СОМРА
Niacin 10% • Folate 10%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500	3
Total FatLess than65g80gSaturated FatLess than20g25gCholesterolLess than300mg300 mgSodiumLess than2,400mg2,400mgTotal Carbohydrate300g375gDietary Fiber25g30g	-
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

The Long Company Sample #104155-1

1397 Old Fashion Wheat Bread 22sl 20oz Klosterman Springfield

Amount Per Serving	1		
Calories 60	Calories fro	om Fat 5	
		aily Value*	
Total Fat 0.5g		1%	
Saturated Fa	t Og	0%	
Trans Fat 0g	-		
Cholesterol Om	ng	0%	
Sodium 125mg		5%	
Total Carbohy	drate 12g	4%	
Dietary Fiber	1g	4%	
Sugars 1g			
Protein 2g			
Vitamin A 0%	Vitamin	C 0%	
Calcium 2%	• Iron 2%		NTS TO THE FO
Vitamin D 2%	Thiamin	4%	
Riboflavin 2%	Niacin 4	%	
Folate 0%			
*Percent Daily Value: diet. Your daily value depending on your ca Cal	s may be higher or		
Saturated Fat Les Cholesterol Les	ss than 65g ss than 20g ss than 300mg ss than 2,400mg 300g 25g	80g 25g 300mg 2,400mg 375g 30g	

The Long Company Sample #110014

1397 Old Fashion Wheat Bread 22sl 20oz Klosterman Springfield

INGREDIENTS: Wheat Flour, Water, Whole Wheat Flour, Honey, Corn Syrup, Wheat Bran, Yeast, Contains 2% or less of the following: Wheat Gluten, Soybean Oil, Salt, Invert Sugar, Wheat Starch, Dough Conditioners (Ethoxylated Mono & Diglycerides, Mono & Diglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Corn Starch, Calcium Propionate (Preservative).

Contains: Wheat

The Long Company Sample #110014



100% Wheat Bread w Litesse 11 slice 12oz. & 22 slice 24 oz. Klosterman Cincinnati

INGREDIENTS: Whole Wheat Flour, Water, Wheat Gluten, Sugar, Yeast, Polydextrose, Contains 2% or less of the following: Soybean Oil, Salt, Honey, Molasses, Vinegar, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Invert Sugar, Corn Syrup, Wheat Starch, Soy Lecithin, Corn Starch, Calcium Propionate (Preservative), Dough Conditioners (Ethoxylated Mono & Diglycerides, Mono & Diglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide).

Contains: Wheat, Soy

The Long Company Sample #107066

100% Whole Wheat Bread 22sl 24oz Klosterman Cincinnati

Nutrition Facts Serving Size 1 Slice (31g) Servings Per Container 22	
Amount Per Serving	
Calories 70 Calories from Fat 5	
% Daily Value*	
Total Fat 0.5g1%	
Saturated Fat 0g 0%	
Trans Fat 0g	
Cholesterol 0mg 0%	
Sodium 140mg 6 %	
Total Carbohydrate 14g 5%	
Dietary Fiber 3g 12%	
Sugars 2g	
Protein 3g	
Vitamin A 0% • Vitamin C 0%	
Calcium 4% Iron 4% Vitamin D 2% Thiamin 6%	NGCOMPANY
Riboflavin 2% • Niacin 6%	
Folate 2%	
*Percent Daily Values are based on a 2,000 calorie	
diet. Your daily values may be higher or lower	
depending on your calorie needs: Calories: 2,000 2,500	
Total FatLess than65g80gSaturated FatLess than20g25gCholesterolLess than300mg300mgSodiumLess than2,400mg2,400mgTotal Carbohydrate300g375gDietary Fiber25g30g	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

The Long Company Sample #107066-2

3007 3.25in Whole Grain Bun 12ct 40g Klosterman Springfield

Amount Per Serving
Calories 100 Calories from Fat 10
% Daily Value*
Total Fat 1.5g 2%
Saturated Fat 0g 0%
Trans Fat 0g
Cholesterol 0mg 0%
Sodium 170mg 7 %
Total Carbohydrate 19g6%
Dietary Fiber 2g 8%
Sugars 3g
Protein 4g
Vitamin A 0% • Vitamin C 0%
Calcium 4% • Iron 6%
Vitamin D 2% • Thiamin 10%
Riboflavin 4% • Niacin 6%
Folate 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500
Total FatLess than65g80gSaturated FatLess than20g25gCholesterolLess than300mg300mgSodiumLess than2,400mg2,400mgTotal Carbohydrate300g375g

The Long Company Sample #113871

This product contains12g Whole Grain per serving.This product contains9g Enriched Wheat Flour per serving.

By_	AL Bachman
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3007 3.25in Whole Grain Bun 12ct 40g Klosterman Springfield

INGREDIENTS: Whole Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Wheat Gluten, Soybean Oil, Contains 2% or less of the following: Salt, Honey, Invert Sugar, Dough Conditioners (Monoglycerides, Sodium Stearoyl Lactylate, Ethoxylated Mono- and Diglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Molasses, Wheat Starch, Soy Lecithin, Calcium Propionate (Preservative), Yeast Nutrients (Calcium Sulfate, Ammonium Sulfate), Citric Acid.

Contains: Wheat, Soy

The Long Company Sample #113871

This product contains	12g Whole Grain per serving.
This product contains	9g Enriched Wheat Flour per serving.

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

PREMIER CONSULTANTS TO THE BAKING INDUSTRY SINCE 1900

By _____AL Bachman_____

3212 Whole Grain Footlong Bun F#66 79g Klosterman Cincinnati

Amount Per Serving	
Calories 200 Calories from I	Fat 20
% Daily	y Value*
Total Fat 2.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 330mg	14%
Total Carbohydrate 37g	12%
Dietary Fiber 3g	12%
Sugars 5g	
Protein 7g	
Vitamin A 0% • Vitamin C (00/
Calcium 8% Iron 10%	
Thiamin 20% • Riboflavin	100/
Niacin 15% • Folate 10%	
*Percent Daily Values are based on a 2,000	-
diet. Your daily values may be higher or low	
depending on your calorie needs: Calories: 2,000 2	2,500
	30g
	25g 300mg
	2,400mg
	375g 30g

The Long Company Sample #113956

This product contains22g Whole Grain per serving.This product contains17g Enriched Wheat Flour per serving.

ByAL Bachman	By		AL	Bachn	nan_			
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3212 Whole Grain Footlong Bun F#66 79g Klosterman Cincinnati

INGREDIENTS: Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Contains 2% or less of the following: Salt, Honey, Invert Sugar, Molasses, Wheat Starch, Soy Lecithin, Calcium Propionate (Preservative), Yeast Nutrients (Calcium Sulfate, Ammonium Sulfate), Dough Conditioners (Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Citric Acid.

Contains: Wheat, Soy

The Long Company Sample #113956

This product contains	22g Whole Grain per serving.
This product contains	17g Enriched Wheat Flour per serving.

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

PREMIER CONSULTANTS TO THE BAKING INDUSTRY SINCE 1

3221 White Whole Grain Lg Breadstick 1.5oz Klosterman Cincinnati

Amount Per Serving				
Calories 110	Са	lories fror	n Fat 10	
		% Da	aily Value*	
Total Fat 1.5g			2%	
Saturated Fat	0g		0%	
Trans Fat 0g				
Cholesterol 0m	g		0%	
Sodium 200mg			8%	
Total Carbohyd	rate	20g	7 %	
Dietary Fiber	2g		8%	
Sugars 3g				
Protein 4g				
Vitamin A 0%	•	Vitamin (2.0%	
Calcium 4%	•	Iron 6%	5070	
Vitamin D 2%	•	Thiamin	10%	NTS TO THE FOU
Riboflavin 4%	•			
Folate 6%				
*Percent Daily Values diet. Your daily values depending on your cal	may	be higher or		
Saturated Fat Less Cholesterol Less	s than s than s than s than	20g 300mg	80g 25g 300mg 2,400mg 375g 30g	

The Long Company Sample #110920

3221 White Whole Grain Large Breadstick 1.5oz Klosterman Cincinnati

INGREDIENTS: Water, White Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Contains 2% or less of the following: Salt, Honey, Molasses, Invert Sugar, Wheat Starch, Soy Lecithin, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Corn Starch, Dough Conditioners (Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Calcium Propionate (Preservative).

Contains: Wheat, Soy

The Long Company Sample #110920



3228 Whole Grain Bun 45g Klosterman Cincinnati

Amount Per Serving
Calories 110 Calories from Fat 15
% Daily Value
Total Fat 1.5g 2%
Saturated Fat 0g 0%
Trans Fat 0g
Cholesterol 0mg 0%
Sodium 190mg 8%
Total Carbohydrate 20g 7%
Dietary Fiber 2g 8%
Sugars 3g
Protein 4g
Vitamin A 0% • Vitamin C 0%
Calcium 4% • Iron 6%
Thiamin 10% • Riboflavin 6%
Niacin 8% • Folate 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500
Total FatLess than65g80gSaturated FatLess than20g25gCholesterolLess than300mg300mgSodiumLess than2,400mg2,400mgTotal Carbohydrate300g375gDietary Fiber25g30g

The Long Company Sample #114074

This product contains12g Whole Grain per serving.This product contains10g Enriched Wheat Flour per serving.

ByAL Bachman

3228 Whole Grain Bun 45g Klosterman Cincinnati

INGREDIENTS: Water, White Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Wheat Gluten, Soybean Oil, Contains 2% or less of the following: Salt, Honey, Molasses, Invert Sugar, Wheat Starch, Soy Lecithin, Calcium Propionate (Preservative), Dough Conditioners (Sodium Stearoyl Lactylate, DATEM, Azodicarbonamide, Ascorbic Acid, Calcium Peroxide), Yeast Nutrients (Calcium Sulfate, Ammonium Sulfate), Citric Acid.

Contains: Wheat, Soy

The Long Company Sample #114074

This product contains	12g Whole Grain per serving.
This product contains	10g Enriched Wheat Flour per serving.



Item # 3295 4" Hamburger Bun 56g 12 Count Klosterman Baking Company

	ontainer			
Amount Per Servin	<u> </u>			
Calories 140	Calorie	s from Fa		
		% Daily V		
Total Fat 1.5g	1.0		2%	
Saturated Fa	-		0%	
Trans Fat 0g				
Cholesterol Or	•		0%	
Sodium 270mg	•		11%	
Total Carbohy	•		9%	
Dietary Fibe	r Og		0%	
Sugars 4g				
Protein 4g				
Vitamin A 0%	 Vita 	min C 0%	%	
Calcium 8%	Iron	4%		
Thiamin 10%	Rib	oflavin 29	%	
Niacin 6%	• Fola	ate 0%		
*Percent Daily Value diet. Your daily value depending on your o	es may be hig alorie needs:	her or lowe	r	
	alories: 2,0 ess than 65 ess than 200	g 80g	j	

The Long Company Sample #106034

Item # 3295 4" Hamburger Bun 56g 12 Count Klosterman Baking Company

INGREDIENTS: Enriched Wheat Flour, Water, Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of the following: Salt, Dough Conditioners (Monoglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Corn Starch, Wheat Gluten, Calcium Propionate (Preservative).

Contains: Wheat

The Long Company Sample #106034



3470 Whole Wheat Hamburger Buns 2.1oz Klosterman Cincinnati

Amount Per Servin	g		
Calories 140	Cal	ories fron	า Fat 20
		% Da	aily Value*
Total Fat 2.5g			4%
Saturated Fa	it 0g		0 %
Trans Fat 0g			
Cholesterol On	ng		0%
Sodium 260mg)		11%
Total Carbohy	drate	27g	9 %
Dietary Fiber	4g		16%
Sugars 3g			
Protein 6g			
Vitamin A 0%		Vitamin (0%
Calcium 4%		Iron 8%	. 0 /0
Vitamin D 4%		Thiamin	10%
Riboflavin 4%			
Folate 4%			0
*Percent Daily Value diet. Your daily value depending on your c	es may b	be higher or l	
Saturated Fat Le Cholesterol Le	ss than ss than ss than ss than	65g 20g 300mg 2,400mg 300g	80g 25g 300mg 2,400mg 375g

The Long Company Sample #110378-1

Whole Wheat Hamburger Buns 2.1oz Klosterman Cincinnati

INGREDIENTS: Whole Wheat Flour, Water, Corn Syrup, Wheat Gluten, Soybean Oil, Contains 2% or less of the following: Yeast, Salt, Dough Conditioners (Monoglycerides, Sodium Stearoyl Lactylate, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Yeast Nutrients (Calcium Sulfate, Ammonium Sulfate), Citric Acid, Calcium Propionate (Preservative).

Contains: Wheat

The Long Company Sample #110378-1



3473 Whole Grain Bun 12ct 24oz Klosterman Springfield

Amount Per Serving		
Calories 140	Calories fro	om Fat 15
	%	Daily Value*
Total Fat 1.5g		2 %
Saturated Fat	0g	0%
Trans Fat 0g		
Cholesterol 0mg	3	0%
Sodium 280mg		12%
Total Carbohyd	rate 27g	9 %
Dietary Fiber 2	<u>2g</u>	8%
Sugars 3g		
Protein 5g		
Vitamin A 0%	Vitamir	n C 0%
Calcium 8%	• Iron 6%	, D
Vitamin D 2%	Thiami	n 10%
Riboflavin 2%	Niacin	8%
Folate 2%		
*Percent Daily Values diet. Your daily values depending on your cal Calo	may be higher o orie needs:	
Total Fat Less	than 65g than 20g	80g 25g

The Long Company Sample #110019

3473 Whole Grain Bun 12ct 24oz Klosterman Springfield

INGREDIENTS: Wheat Flour, Water, Whole Wheat Flour, Corn Syrup, Wheat Bran, Wheat Gluten, Yeast, Contains 2% or less of the following: Soybean Oil, Salt, Dough Conditioners (Monoglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Yeast Nutrients (Calcium Sulfate, Ammonium Chloride, Azodicarbonamide), Corn Starch, Calcium Propionate (Preservative), Caramel Color.

Contains: Wheat

The Long Company Sample #110019



3474 4in Whole Grain Bun 55g Klosterman Springfield

Amount Per Serving	
Calories 140 Calories from Fa	at 15
% Daily Va	/alue*
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 26g	9%
Dietary Fiber 2g	8%
Sugars 4g	
Protein 5g	
Vitamin A 0% • Vitamin C 0%	%
Calcium 6% • Iron 8%	
Vitamin D 4% • Thiamin 15%	6
Riboflavin 6% • Niacin 10%	
Folate 8%	
*Percent Daily Values are based on a 2,000 ca diet. Your daily values may be higher or lower	
depending on your calorie needs: Calories: 2.000 2.50	
Total FatLess than65g80g	
Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300r	
Sodium Less than 2,400mg 2,40	l00mg
Total Carbohydrate300g375gDietary Fiber25g30g	

The Long Company Sample #113872

This product contains16g Whole Grain per serving.This product contains12g Enriched Wheat Flour per serving.

ByAL Bachman	
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3474 4in Whole Grain Bun 55g Klosterman Springfield

INGREDIENTS: Whole Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Wheat Gluten, Soybean Oil, Contains 2% or less of the following: Salt, Honey, Invert Sugar, Dough Conditioners (Monoglycerides, Sodium Stearoyl Lactylate, Ethoxylated Mono- and Diglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Molasses, Wheat Starch, Soy Lecithin, Calcium Propionate (Preservative), Yeast Nutrients (Calcium Sulfate, Ammonium Sulfate), Citric Acid.

Contains: Wheat, Soy

The Long Company Sample #113872

This product contains	16g Whole Grain per serving.
This product contains	12g Enriched Wheat Flour per serving.

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

PREMIER CONSULTANTS TO THE BAKING INDUSTRY SINCE 1900

By _____AL Bachman_____

3516 Cut-top Cornmeal Kaiser Bun 63g Klosterman Cincinnati

Amount Per Serving			
Calories 170 Cal	ories fron	n Fat 30	
	% Da	aily Value*	
Total Fat 3g		5 %	
Saturated Fat 0g		0 %	
Trans Fat 0g			
Cholesterol Omg		0%	
Sodium 290mg		12%	
Total Carbohydrate	32g	11%	
Dietary Fiber 0g		0%	
Sugars 5g			
Protein 5g			
Vitamin A 0% •	Vitamin (2.0%	
	Iron 4%	5 0 70	ITS TO THE FOOD INDUS
	Riboflavi	n 20/	
Niacin 8% •	Folate 0%	•	
*Percent Daily Values are ba diet. Your daily values may b			
depending on your calorie ne Calories:	eeds: 2,000	2,500	
Total Fat Less than	65g	80g	
Saturated Fat Less than Cholesterol Less than	20g 300mg	25g 300mg	
Sodium Less than	2,400mg	2,400mg	
Total Carbohydrate	300g	375g	

The Long Company Sample #109717

3516 Cut-top Cornmeal Kaiser Bun 63g Klosterman Cincinnati

INGREDIENTS: Wheat Flour, Water, Corn Syrup, Soybean Oil, Yeast, Contains 2% or less of the following: Wheat Gluten, Salt, Degermed Yellow Corn Meal, Malt, Dough Conditioners (Monoglycerides, Sodium Stearoyl Lactylate, Azodicarbonamide), Artificial Flavor, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Calcium Propionate (Preservative).

Contains: Wheat

The Long Company Sample #109717



3698 Whole Grain Coney Bun 37g Klosterman Cincinnati

Amount Per Serving
Calories 100 Calories from Fat 1
% Daily Value
Total Fat 1.5g2%
Saturated Fat 0g 09
Trans Fat 0g
Cholesterol Omg 0%
Sodium 160mg 7 %
Total Carbohydrate 17g 69
Dietary Fiber 2g 89
Sugars 2g
Protein 3g
Vitamin A 0% • Vitamin C 0%
Calcium 4% • Iron 6%
Thiamin 10% • Riboflavin 4%
Niacin 6% • Folate 6%
*Percent Daily Values are based on a 2,000 calor diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500
Total FatLess than65g80gSaturated FatLess than20g25gCholesterolLess than300mg300mgSodiumLess than2,400mg2,400mgTotal Carbohydrate300g375gDietary Fiber25g30gCalories per gram:2

The Long Company Sample #114073

This product contains	10g Whole Grain per serving.
This product contains	8g Enriched Wheat Flour per serving.

ByAL Bachman	
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3698 Whole Grain Coney Bun 37g Klosterman Cincinnati

INGREDIENTS: Water, White Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Wheat Gluten, Soybean Oil, Contains 2% or less of the following: Salt, Honey, Molasses, Invert Sugar, Wheat Starch, Soy Lecithin, Calcium Propionate (Preservative), Dough Conditioners (Sodium Stearoyl Lactylate, DATEM, Azodicarbonamide, Ascorbic Acid, Calcium Peroxide), Yeast Nutrients (Calcium Sulfate, Ammonium Sulfate), Citric Acid.

Contains: Wheat, Soy

The Long Company Sample #114073

This product contains	10g Whole Grain per serving.
This product contains	8g Enriched Wheat Flour per serving.



3699 White Wheat Sm Breadstick 1.20z Klosterman Cincinnati

INGREDIENTS: Water, White Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Contains 2% or less of the following: Salt, Honey, Molasses, Invert Sugar, Wheat Starch, Soy Lecithin, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Corn Starch, Dough Conditioners (Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Calcium Propionate (Preservative).

Contains: Wheat, Soy

The Long Company Sample #110920-1



3699 White Wheat Sm Breadstick 1.20z Klosterman Cincinnati

Amount Per Servin	g		
Calories 90	Calo	ries fron	n Fat 10
		% Da	aily Value*
Total Fat 1g			2%
Saturated Fa	t Og		0%
Trans Fat 0g			
Cholesterol On	ng		0%
Sodium 160mg	1		7%
Total Carbohy	drate 1	6g	5%
Dietary Fiber	1g		4%
Sugars 2g			
Protein 3g			
Vitamin A 0%	• \	/itamin (C 0%
Calcium 4%	• Ir	on 4%	
Vitamin D 2%	• T	hiamin	8%
Riboflavin 4%	• N	liacin 69	%
Folate 4%			
*Percent Daily Value diet. Your daily value depending on your c Ca	es may be	higher or	
Saturated Fat Lea Cholesterol Lea	ss than ss than ss than ss than ohydrate	65g 20g 300mg 2,400mg 300g 25g 4 • Prot	80g 25g 300mg 2,400mg 375g 30g ein 4

The Long Company Sample #110920-1

Bread Stix #116 3708 16ct 34g Klosterman Cincinnati

Amount Per Serving	
Calories 80 Calories from	Fat 5
% Daily	
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 180mg	8%
Total Carbohydrate 16g	5%
Dietary Fiber 0g	0%
Sugars 1g	
Protein 2g	
Vitamin A 0% • Vitamin C 0	
Calcium 2% • Iron 2%	
Vitamin D 0% • Thiamin 4%	
Riboflavin 0% • Niacin 4%	
Folate 0%	
*Percent Daily Values are based on a 2.000	
diet. Your daily values may be higher or low	
depending on your calorie needs: Calories: 2,000 2,	500
Saturated FatLess than20g25CholesterolLess than300mg30SodiumLess than2,400mg2,	2g 5g 20mg 400mg 75g

The Long Company Sample #101122-1

Bread Stix #116 3708 16ct 34g Klosterman Cincinnati

INGREDIENTS: Enriched Wheat Flour, Water, Contains 2% or less of the following: Corn Syrup, Salt, Yeast, Soybean Oil, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Corn Starch, Dough Conditioners (Potassium Bromate, Azodicarbonamide), Calcium Propionate (Preservative).

Contains: Wheat

The Long Company Sample #101122-1



3709 Whole Grain Hot Dog Bun F#66 45g Klosterman Cincinnati



The Long Company Sample #113957

This product contains13g Whole Grain per serving.This product contains10g Enriched Wheat Flour per serving.

By	AL Bachman
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3709 Whole Grain Hot Dog Bun F#66 45g Klosterman Cincinnati

INGREDIENTS: Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Contains 2% or less of the following: Salt, Honey, Invert Sugar, Molasses, Wheat Starch, Soy Lecithin, Calcium Propionate (Preservative), Yeast Nutrients (Calcium Sulfate, Ammonium Sulfate), Dough Conditioners (Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Citric Acid.

Contains: Wheat, Soy

The Long Company Sample #113957

This product contains	13g Whole Grain per serving.
This product contains	10g Enriched Wheat Flour per serving.



Whole Wheat Hot Dog Buns 1.42oz Klosterman Cincinnati

Amount Per Serving	
Calories 100 Calories from Fa	at 15
% Daily V	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 18g	6 %
Dietary Fiber 2g	8%
Sugars 2g	
Protein 4g	
Vitamin A 0% • Vitamin C 0%	
Calcium 2% • Iron 4%	
Vitamin D 2% • Thiamin 8%	INTS TO THE FOOD IN
Riboflavin 2% • Niacin 6%	
Folate 2%	
*Percent Daily Values are based on a 2,000 c diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,5	r
))mg 00mg ;g



The Long Company Sample #110378

Whole Wheat Hot Dog Buns 1.42oz Klosterman Cincinnati

INGREDIENTS: Whole Wheat Flour, Water, Corn Syrup, Wheat Gluten, Soybean Oil, Contains 2% or less of the following: Yeast, Salt, Dough Conditioners (Monoglycerides, Sodium Stearoyl Lactylate, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Yeast Nutrients (Calcium Sulfate, Ammonium Sulfate), Citric Acid, Calcium Propionate (Preservative).

Contains: Wheat

The Long Company Sample #110378



3737 5in Hoagie 55g Klosterman Springfield

Amount Per Serving	
Calories 140 Calories from Fa	at 15
% Daily V	
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 25g	8 %
Dietary Fiber 2g	8 %
Sugars 3g	
Protein 5g	
Vitamin A 0% • Vitamin C 0%	%
Calcium 6% • Iron 8%	
Vitamin D 4% • Thiamin 10%	6
Riboflavin 4% • Niacin 8%	
Folate 8%	
*Percent Daily Values are based on a 2,000 c diet. Your daily values may be higher or lower	
depending on your calorie needs:	
Calories: 2,000 2,50 Total Fat Less than 65g 80g	
Saturated Fat Less than 20g 25g	g
	0mg 400mg
Total Carbohydrate300g375Dietary Fiber25g30g	

The Long Company Sample #113873

This product contains15g Whole Grain per serving.This product contains12g Enriched Wheat Flour per serving.

By	AL Bachman
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3737 5in Hoagie 55g Klosterman Springfield

INGREDIENTS: Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Wheat Gluten, Soybean Oil, Contains 2% or less of the following: Salt, Honey, Invert Sugar, Molasses, Calcium Propionate (Preservative), Dough Conditioners (Sodium Stearoyl Lactylate, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Yeast Nutrient (Calcium Sulfate), Wheat Starch, Soy Lecithin.

Contains: Wheat, Soy

The Long Company Sample #113873

This product contains	15g Whole Grain per serving.
This product contains	12g Enriched Wheat Flour per serving.



3744 6" Whole Grain Hoagie 71 grams Klosterman Cincinnati

INGREDIENTS: Water, White Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Contains 2% or less of the following: Salt, Honey, Molasses, Invert Sugar, Wheat Starch, Soy Lecithin, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Corn Starch, Dough Conditioners (Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Calcium Propionate (Preservative).

Contains: Wheat, Soy

The serving size is 71g. The Whole Grains per serving is 20g. The Enriched Wheat Flour is 16g.

The Long Company Sample #110920-2



3744 6" Whole Grain Hoagie 8ct 71 grams Klosterman Cincinnati

Amount Per Serving	
Calories 180 Calories fro	om Fat 20
	Daily Value*
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol Omg	0 %
Sodium 320mg	13%
Total Carbohydrate 33g	11%
Dietary Fiber 3g	12%
Sugars 5g	
Protein 6g	
Vitamin A 0% • Vitamin	C 0%
Calcium 6% Iron 10°	
Vitamin D 4% • Thiamir	
Riboflavin 8% • Niacin 7	
Folate 10%	10 /0
*Percent Daily Values are based on a 2	
diet. Your daily values may be higher o	
depending on your calorie needs: Calories: 2,000	2,500
Total Fat Less than 65g Saturated Fat Less than 20g	80g 25g
Cholesterol Less than 300mg	300mg
Sodium Less than 2,400mg Total Carbohydrate 300g	g 2,400mg 375g

The Long Company Sample #110920-5

Whole Wheat Hoagie Roll 2.5oz Klosterman Cincinnati

Amount Per Serving	
Calories 170 Calories from F	at 25
% Daily	
Total Fat 2.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 310mg	13%
Total Carbohydrate 32g	11%
Dietary Fiber 4g	16%
Sugars 4g	
Protein 7g	
Vitamin A 0% • Vitamin C 0)%
Calcium 6% • Iron 8%	
Vitamin D 4% • Thiamin 15	%
Riboflavin 4% • Niacin 10%	
Folate 4%	
*Percent Daily Values are based on a 2,000 diet. Your daily values may be higher or low depending on your calorie needs: Calories: 2,000 2,	
Sodium Less than 2,400mg 2, Total Carbohydrate 300g 37	

The Long Company Sample #110378-2

Whole Wheat Hoagie Roll 2.5oz Klosterman Cincinnati

INGREDIENTS: Whole Wheat Flour, Water, Corn Syrup, Wheat Gluten, Soybean Oil, Contains 2% or less of the following: Yeast, Salt, Dough Conditioners (Monoglycerides, Sodium Stearoyl Lactylate, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Yeast Nutrients (Calcium Sulfate, Ammonium Sulfate), Citric Acid, Calcium Propionate (Preservative).

Contains: Wheat

The Long Company Sample #110378-2



3805 6" French Roll Hoagie 24 Count Klosterman Baking Company

INGREDIENTS: Enriched Wheat Flour, Water, Corn Syrup, Soybean Oil, Yeast, Contains 2% or less of the following: Salt, Sugar, Acetic Acid, Lactic Acid, Malted Barley Flour, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Corn Starch, Dough Conditioners (Azodicarbonamide, Potassium Bromate), Calcium Propionate (Preservative).

Contains: Wheat

The Long Company Sample #105523



3805 6" French Roll Hoagie Klosterman Baking Company

Nutri Serving Size Servings Pe	e 1 Roll (7	 '6g)	cts
Amount Per Se	rving		
Calories 19	0 Cal	ories fron	n Fat 20
		% Da	aily Value*
Total Fat 2.	5g		4%
Saturated	Fat 0g		0%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium 420)mg		18%
Total Carbo	hydrate	36g	12%
Dietary Fi	ber 0g		0%
Sugars 3g	9		
Protein 5g			
Vitamin A 0%	% •	Vitamin (C 0%
Calcium 6%	•	Iron 6%	
Thiamin 15%	6•	Riboflavi	n 4%
Niacin 8%	•	Folate 0%	6
*Percent Daily V diet. Your daily v depending on yo	alues may b	be higher or	000 calorie lower 2,500
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydra Dietary Fiber Calories per grau		65g 20g 300mg 2,400mg 300g 25g	80g 25g 300mg 2,400mg 375g 30g

The Long Company Sample #105523



3920 Whole Grain Pan Dinner Roll 1.25oz Klosterman Cincinnati

INGREDIENTS: Water, White Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Contains 2% or less of the following: Salt, Honey, Molasses, Invert Sugar, Wheat Starch, Soy Lecithin, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Corn Starch, Dough Conditioners (Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Calcium Propionate (Preservative).

Contains: Wheat, Soy

Serving Size 35g, 10g Whole Grain, 8g Enriched Wheat Flour

The Long Company Sample #110920-3



3920 Whole Grain Pan Dinner Roll 1.25oz Klosterman Cincinnati

Amount Per Serving	9				
Calories 90	Calc	ries fror	n Fat 10		
		% Da	aily Value*		
Total Fat 1g			2%		
Saturated Fa	t 0g		0%		
Trans Fat 0g					
Cholesterol Om	ng		0%		
Sodium 160mg	l		7%		
Total Carbohy	drate 1	l6g	5 %		
Dietary Fiber	2g		8%		
Sugars 2g					
Protein 3g					
Vitamin A 0%	• \	/itamin (C 0%		
Calcium 4%		ron 6%			
Vitamin D 2%		Chiamin	8%	NIS IU THE F	
Riboflavin 4%		Viacin 6º			
Folate 4%	•				
*Percent Daily Value diet. Your daily value depending on your ca	s may be	e higher or			
Saturated Fat Les Cholesterol Les	ss than ss than ss than ss than	65g 20g 300mg 2,400mg 300g 25g	80g 25g 300mg 2,400mg 375g 30g		

The Long Company Sample #110920-3

3939 White Whole Wheat Slammer Bun 1.25oz Klosterman Cincinnati

Amount Per Serving	
Calories 90 Calories	from Fat 10
	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 160mg	7%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	8%
Sugars 2g	
Protein 3g	
Vitamin A 0% • Vitar	min C 0%
	in 6%
Folate 4%	
*Percent Daily Values are based o diet. Your daily values may be high depending on your calorie needs:	
Calories: 2,00	00 2,500
Total Fat Less than 65g Saturated Fat Less than 20g Cholesterol Less than 300 Sodium Less than 2,40 Total Carbohydrate 300	25g mg 300mg 00mg 2,400mg

The Long Company Sample #110920-4

3939 White Wheat Slammer Bun 1.25oz Klosterman Cincinnati

INGREDIENTS: Water, White Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Contains 2% or less of the following: Salt, Honey, Molasses, Invert Sugar, Wheat Starch, Soy Lecithin, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Corn Starch, Dough Conditioners (Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Calcium Propionate (Preservative).

Contains: Wheat, Soy

The Long Company Sample #110920-4



3939 Whole Grain Slammer #7 34g Klosterman Springfield

Amount Per Serving	
Calories 90 Calories from Fa	at 10
% Daily V	'alue*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 140mg	6 %
Total Carbohydrate 16g	5%
Dietary Fiber 1g	4%
Sugars 2g	
Protein 3g	
Vitamin A 0% • Vitamin C 0%	
Calcium 4% • Iron 6%	
Vitamin D 2% • Thiamin 8%	
Riboflavin 4% • Niacin 6%	SULTANTS TO THE BAKING INDUS
Folate 4%	
*Percent Daily Values are based on a 2,000 c diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,50	r
Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300 Sodium Less than 2,400mg 2,40 Total Carbohydrate 300g 375 Dietary Fiber 25g 30g) Img 00mg ig

The Long Company Sample #113870

This product contains10g Whole Grain per serving.This product contains8g Enriched Wheat Flour per serving.

By	AL Bachman
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3939 Whole Grain Slammer #7 34g Klosterman Springfield

INGREDIENTS: Whole Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Yeast, Wheat Gluten, Soybean Oil, Contains 2% or less of the following: Salt, Honey, Invert Sugar, Dough Conditioners (Monoglycerides, Sodium Stearoyl Lactylate, Ethoxylated Mono- and Diglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Molasses, Wheat Starch, Soy Lecithin, Calcium Propionate (Preservative), Yeast Nutrients (Calcium Sulfate, Ammonium Sulfate), Citric Acid.

Contains: Wheat, Soy

The Long Company Sample #113870

This product contains	10g Whole Grain per serving.
This product contains	8g Enriched Wheat Flour per serving.

NOTE: If this product is made utilizing a Pan Release Agent with Soy Lecithin, Soy Lecithin *must* be added to the Ingredient Statement. Also, the Allergen Statement *must* have Soy listed.

PREMIER CONSULTANTS TO THE BAKING INDUSTRY SINCE 1900

By _____AL Bachman_____

Item #		Servings	Description	Serving Size (g)	Whole Grains Per Serving	Enriched Grain per Serving	School Serving Equivalent*	Kosher / Pareve	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Protein (g)	Calcium	Thiamin (%DV)	Niacin (%DV)	Iron (%DV)	Riboflavin (%DV)	Folic Acid (%DV)	Sugar (g)
		een nige	BREADS						•	•	•	.,	.,				Ū	I		_			
1290	Loaf	20	20oz. Whole Grain Bread	27.0	8.0	7.0	1	Y	60	5	0.5	0	125	13.0	1.0	2.0	2.0%	8.0%	6.0%	4.0%	4.0%	4.0%	1.0
1292	Loaf	22	24 oz. Whole Grain Sandwich Bread	28.0	7.0	7.0	1	Y	70	5	0.5	0	90	13.0	1.0	3.0	2.0%	4.0%	4.0%	4.0%	2.0%	0.0%	1.0
1294	Loaf	20	24 oz. Whole Grain Texas Toast	34.0	9.0	8.0	1.25	Y	80	10	1.0	0	110	16.0	2.0	3.0	2.0%	4.0%	4.0%	4.0%	2.0%	2.0%	1.0
1448	Loaf	20	24oz. 100% Whole Wheat Bread	31.0	14.0	N/A	1	Y	70	5	0.5	0	140	14.0	3.0	3.0	4.0%	6.0%	6.0%	4.0%	2.0%	2.0%	2.0
			BUNS																				
3007	Pkg	12	3.25" Whole Grain Bun	40.0	12.0	9.0	1.5	Y	100	10	1.5	0	170	19.0	2.0	4.0	4.0%	10.0%	6.0%	6.0%	4.0%	6.0%	3.0
3212	Pkg	6	Whole Grain Footlong Bun	79.0	22.0	17.0	2.75	Y	200	20	2.5	0	330	37.0	3.0	7.0	8.0%	20.0%	15.0%	10.0%	10.0%	10.0%	5.0
3228	Pkg	60	3.5" Whole Grain Hamburger Bun	45.0	12.0	10.0	1.5	Y	110	15	1.5	0	190	20.0	2.0	4.0	4.0%	10.0%	8.0%	6.0%	6.0%	6.0%	3.0
3470	Pkg	12	4" 100% Whole Wheat Hamburger Bun	58.0	30.0	N/A	2	Y	140	20	2.5	0	260	27.0	4.0	6.0	4.0%	10.0%	8.0%	8.0%	4.0%	4.0%	3.0
3474	Pkg	12	4" Whole Grain Hamburger Bun	55.0	16.0	12.0	2.00	Y	140	15	2.5	0	230	26.0	2.0	5.0	6.0%	15.0%	10.0%	8.0%	6.0%	8.0%	4.0
3475	Pkg	60	4" Whole Grain Hamburger Bun	55.0	16.0	12.0	2.00	Y	140	15	2.5	0	230	26.0	2.0	5.0	6.0%	15.0%	10.0%	8.0%	6.0%	8.0%	4.0
3709	Pkg	12	6" Whole Grain Hot Dog Bun	45.0	13.0	10.0	1.50	Y	110	10	1.5	0	190	21.0	2.0	4.0	4.0%	10.0%	8.0%	6.0%	6.0%	6.0%	4.0
3727	Pkg	12	6" 100% Whole Wheat Hot Dog Bun	40.0	21.0	N/A	1.50	Y	100	15	1.5	0	170	18.0	2.0	4.0	2.0%	8.0%	6.0%	4.0%	2.0%	2.0%	2.0
3698	Pkg	18	Whole Grain Coney Bun	38.0	10.0	8.0	1.25	Y	100	10	1.5	0	160	17.0	2.0	3.0	4.0%	10.0%	6.0%	6.0%	4.0%	6.0%	2.0
7511	Pkg	8	100% Whole Wheat Sandwich Slim	43.0	10.0	N/A	1.50	Ν	90	10	1.0	0	160	19.0	5.0	4.0	4.0%	8.0%	6.0%	6.0%	2.0%	2.0%	2.0
			HOAGIES																				
3744	Pkg	8	6" Whole Grain Hoagie Bun	71.0			2.50	Υ	180	20	2.5	0	320	33.0	3.0	6.0	6.0%	15.0%	10.0%	10.0%	8.0%	10.0%	5.0

3744	Pkg	8	6" Whole Grain Hoagie Bun	71.0			2.50	Y	180	20	2.5	0	320	33.0	3.0	6.0	6.0%	15.0%	10.0%	10.0%	8.0%	10.0%	5.0
3737	Pkg	8	5" Whole Grain Hoagie Bun	55.0	15.0	12.0	2.00	Y	140	15	2.0	0	230	25.0	2.0	5.0	6.0%	10.0%	8.0%	8.0%	4.0%	8.0%	3.0
3746	Pkg	8	6" 100% Whole Wheat Hoagie Bun	71.0	36.0	N/A	2.50	Y	170	25	2.5	0	310	32.0	4.0	7.0	6.0%	15.0%	10.0%	8.0%	4.0%	4.0%	4.0

			ROLLS																				
3221	Pkg	16	Whole Grain Large Breadstick	43.0	14.0	10.0	1.50	Y	110	10	1.5	0	200	20.0	2.0	4.0	4.0%	10.0%	8.0%	6.0%	4.0%	6.0%	3.0
3920	Pkg	24	Whole Grain Clustered Pan Rolls	35.0	10.0	8.0	1.25	Y	90	10	1.0	0	160	16.0	2.0	3.0	4.0%	8.0%	6.0%	6.0%	4.0%	4.0%	2.0
3939	Pkg	24	Whole Grain Slammer Sliced	34.0	10.0	8.0	1.25	Y	90	10	1.0	0	140	16.0	1.0	3.0	4.0%	8.0%	6.0%	6.0%	4.0%	4.0%	2.0
3699	Pkg	16	Whole Grain Small Breadstick	34.0	10.0	8.0	1.25	у	90	10	1.0	0	160	16.0	1.0	3.0	4.0%	8.0%	6.0%	4.0%	4.0%	4.0%	2.0
9528	Pkg	12	Whole Grain English Muffins	57.0	26.0	8.0	2.00	у	100	5	0.5	0	170	18.0	2.0	5.0	4.0%			6.0%			1.0
9537	Pkg	6	100 % Whole Wheat Pita Bread	57.0		N/A	2.00	N	100	0	0.0	0	170	20.0	5.0	6.0	10.0%	30.0%	18.0%	10.0%	16.0%	25.0%	1.0